



*'Connecting head, heart and hands with the activity of making bread, BAKING BREAD WITH CHILDREN is sure to nourish body, mind and spirit, awakening our innate capacity to live life fully and expressively.'*

**Edward Espe Brown, author of *The Tassajara Bread Book***

# Baking Bread with Children

Warren Lee Cohen

Here is an invitation to share the magic of baking bread with children, and everything you need to get started: all the bread basics for beginners and a variety of delicious recipes, cleverly seasoned with stories, songs and blessings to make the whole process really enjoyable for everyone.

This practical and inspirational guide for parents and teachers offers:

- Techniques and tips for making bread
- Sweet and savoury recipes for quick breads, yeasted breads and sourdoughs, wheat-free recipes, seasonal festival breads, and even some clever ideas for making the most of stale or leftover bread
- Complete instructions for building and using a wood fired bread oven
- Secret message buns, bread sculpture and other baking projects
- Baking at nursery, kindergarten, and school
- An overview of the seven grains; nutrition; wheat sensitivities, allergies and coeliac disease

*'Warren Lee Cohen is a master baker. He has created a book of marvellous recipes together with a mosaic of stories and songs to involve children in*

*this alchemical process.'*

Wendy E. Cook, author of *Foodwise* and *The Biodynamic Food and Cookbook*

*'Baking bread at home is a wonderful thing to do and becomes a profound experience for all involved when shared with children. This delightful book provides the ideal guidelines and inspiration. I strongly recommend it!'*

Mollie Katzen, author of *The Moosewood Cookbook*

WARREN LEE COHEN has over 20 years of experience baking bread with children, building bread ovens and teaching bread workshops. He is the author of the children's book, *Dragon Baked Bread*, published by Steiner Books.

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